

MNL Accelerate[®] 5

Annuity

fixed index annuity | Issued by Midland National[®] Life Insurance Company

Accelerate
your path to
retirement



Growth potential, certainty, and stability no matter the market's fluctuations

Few things in life are truly guaranteed, but the MNL Accelerate 5 aims to provide growth potential with certainties.

Now, you can guarantee your premium and growth never decrease due to market volatility, and still participate in a portion of the market's upside potential.

**That's a promise of
MNL Accelerate 5
from Midland National[®]**



Know the lingo

Key terms to help you understand how your annuity works

An annuity represents a simple promise. It's an insurance contract. For your premium and the time you leave it with us, we promise to offer both growth potential and downside protection from market drops. In explaining the fine details, though, you might see some terms that are new to you.

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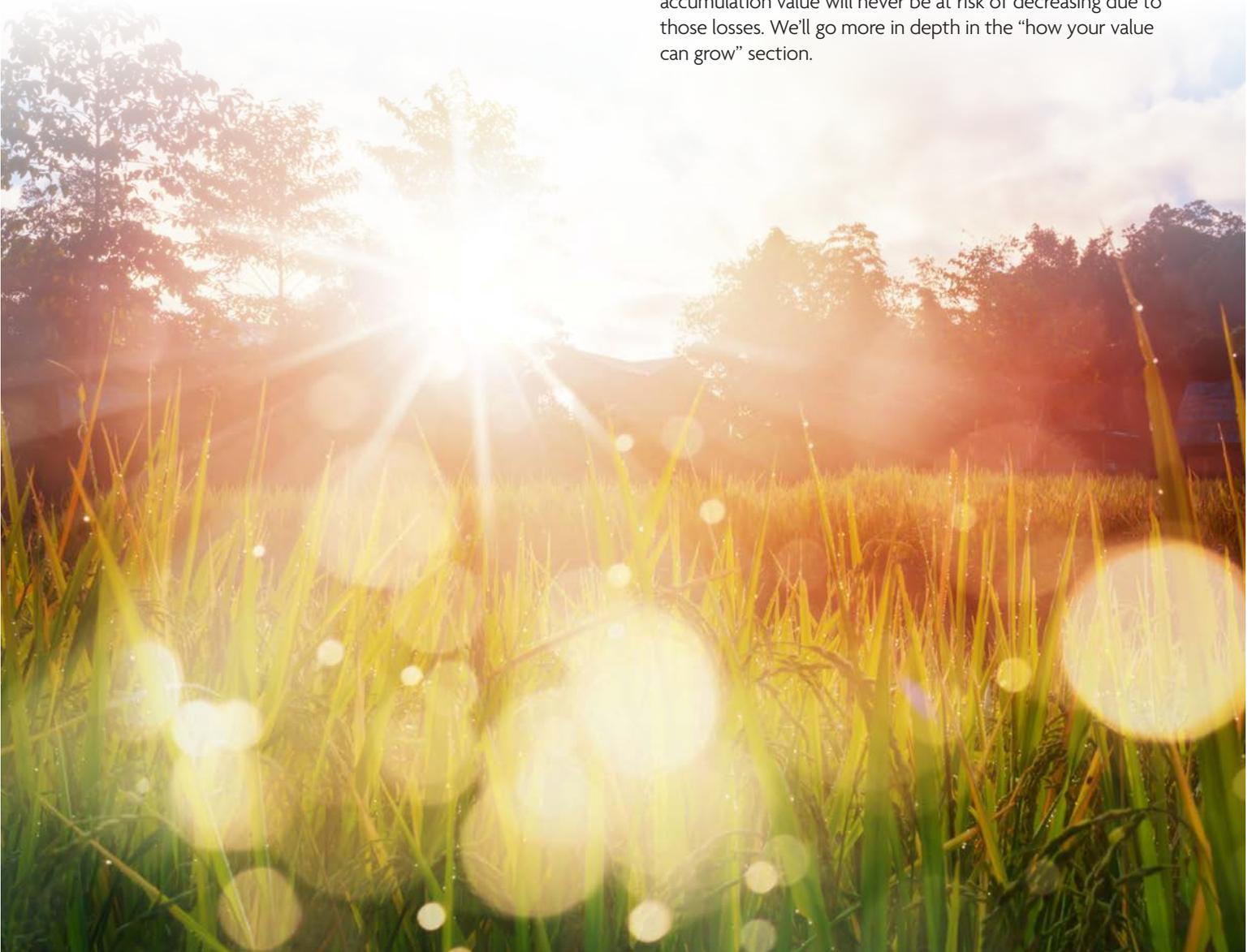
What sets MNL Accelerate 5 apart?

MNL Accelerate 5 is a short term five year fixed index deferred annuity.

MNL Accelerate 5 offers index accounts designed to help reduce the impact of market volatility.

The value will grow at a rate based on the fixed or index accounts you choose. Index accounts are tied to market performance, but they are not an actual investment in the stock market.

In other words, you'll get interest credit for some of the market's growth in up times. In down times, when the market sees zero gains or actually loses value, your accumulation value will never be at risk of decreasing due to those losses. We'll go more in depth in the "how your value can grow" section.



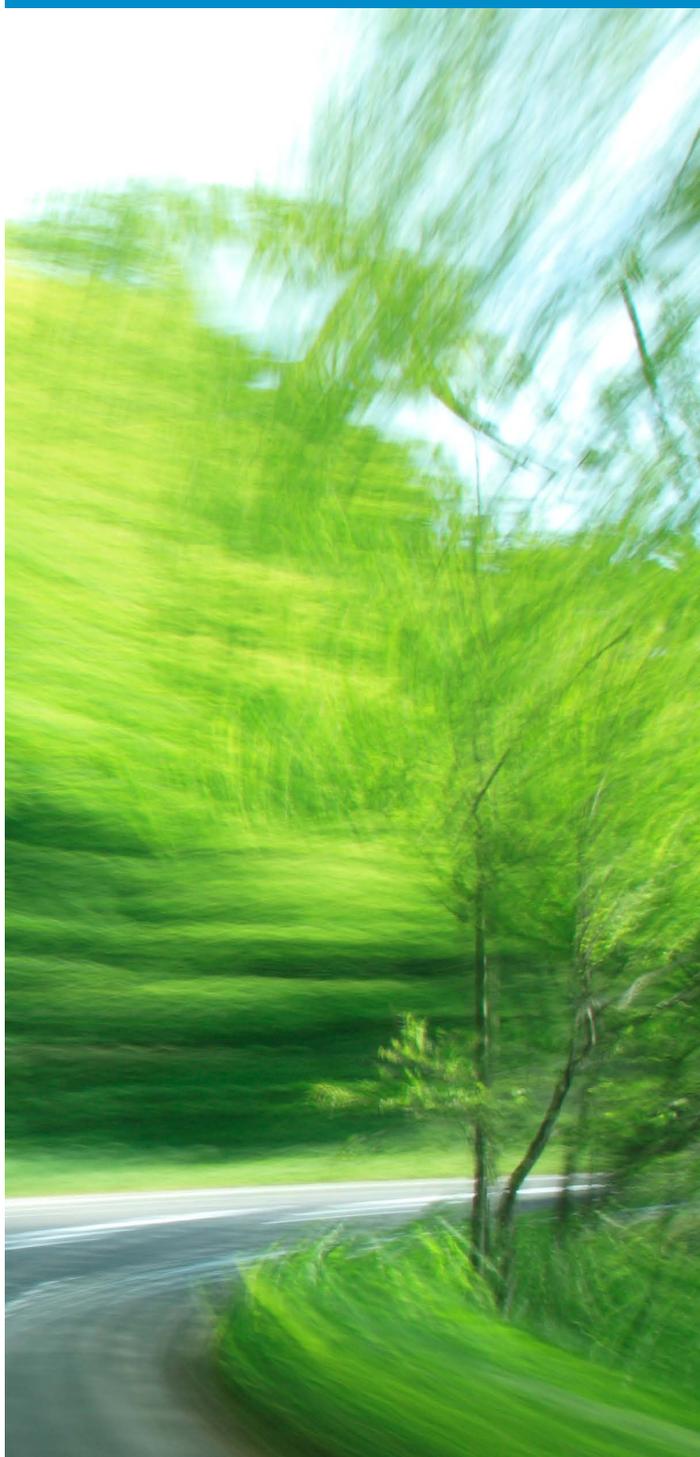
Know the lingo

Premium

The amount paid to the insurance company to fund an annuity.

\$20,000 minimum for non-qualified and qualified premium.

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Key benefits of MNL Accelerate 5

Choose a strategy that suits you

MNL Accelerate offers a selection of crediting strategies using an easy-to-apply participation and/or cap rate. To determine the interest credit applied to your contract, a participation rate uses a simple percentage multiplied by index gain at the end of the contract year, whereas a cap rate is the upper limit on any index gain at the end of the contract year.

Lock in a guaranteed rate

Having a guaranteed participation and/or cap rate means that regardless of index performance, your participation and/or cap rates won't go down over the 5-year surrender charge period, and is only subject to change annually after that.

Tax deferral improves growth potential

Your annuity's value grows on a tax-deferred basis, meaning more of it is working for you. Tax-deferred growth means you don't owe taxes until you access your funds, allowing more time for growth potential. Work with your tax advisor to find out how this might work for you.

Under current law, annuities grow tax deferred. An annuity is not required for tax deferral in qualified plans. Annuities may be subject to taxation during the income or withdrawal phase. Please note that neither Midland National, nor any financial professionals acting on its behalf, should be viewed as providing legal, tax or investment advice. Consult with and rely on your own qualified advisor.

Provide a lasting legacy

Your beneficiaries will get the remaining accumulation value of your annuity as a death benefit – either in an immediate lump sum or in installments plus any partial interest credits as of the date of death (if applicable). The death benefit may be reduced for premium taxes at death as required by the state of residence. And, because annuities may avoid the costs and delays of probate, they may not have to wait.

Please consult with and rely on your own legal or tax advisor.

Take advantage of flexible payout options

Whether you need to start drawing income soon after purchasing your annuity or you prefer to wait and build your lifetime income potential, there's an option for you. Learn more in the payout option section.

How your annuity can grow

MNL Accelerate 5 has a strategy and index account option to suit your style:

- Whether you like to take charge of your financial choices or prefer to set it and forget it.
- Whether you're interested in a fixed return, hoping for more growth potential, or a combination of both.

Choose your allocation options

You have total control over how your initial premium is allocated between our fixed account and index accounts. Choose from several Annual Point-to-Point crediting methods (more details on the following pages).

Each index and the index account option on the next page may perform differently in various market scenarios.

Reallocation options

After the first contract year and on an annual basis, you may elect to transfer funds between crediting methods and index account options, including the fixed account. Based on current tax laws, transfers between options will not be taxable or subject to surrender penalties.

Unlock greater upside potential with enhanced crediting methods

In exchange for a charge, you can unlock a higher participation rate. The strategy charge is deducted from your accumulation value and is guaranteed to stay the same for the life of the contract. The charge is deducted once each term as a partial surrender from the Index Account value at the earliest of:

- Any partial withdrawal greater than the penalty-free allowance during the year
- Full surrender
- End of the term

Know the lingo

Accumulation value

Stick to the terms of your annuity contract, and the accumulation value is the number you're going to get to work from at the end. It's equal to the sum of 100% of premium, plus any fixed and index account interest you are credited minus any strategy charges assessed and any withdrawals taken.

Interest credits

When you choose one or more index accounts, the actual amount of interest credited to your accumulation value is determined by a formula. The amount added to your contract is called its credited interest.

Annual reset

The annual reset allows an interest credit, if any, to be added to the index account at the end of each index term. That amount, when added, becomes "locked-in" because it can not be taken away due to negative index performance. The "locked-in" interest credit will be added to the accumulation value, giving you the advantage of compounding in subsequent years.

This feature also resets your starting index point each new index term. Annual resets can be a benefit if the index experiences a severe downturn during the term because at the beginning of the next term, you can take advantage of any gains from that point forward.

Without this feature, you would have to wait for the index to climb to its original level before any gains could be realized.



MNL Accelerate 5 guarantees

No matter how you diversify among the strategies, you'll 'lock in' the participation and/or cap rate for the first 5 years and what to expect from your MNL Accelerate 5 fixed index annuity each year.

Choose your allocation options

In addition to the fixed account, here are your crediting methods and index options.

Diversify your premium annually among the following index account options

Crediting method options*	Index availability*
Annual Point-to-Point with participation rate	<ul style="list-style-type: none"> • S&P MARC 5% ER • Fidelity Multifactor Yield IndexSM 5% ER • Nasdaq-100 Volatility Control 12%TM Index • S&P 500[®] Dynamic Intraday TCA Index
Annual Point-to-Point with enhanced participation rate¹ <i>(subject to annual strategy charge)</i>	<ul style="list-style-type: none"> • S&P MARC 5% ER • Fidelity Multifactor Yield IndexSM 5% ER • Nasdaq-100 Volatility Control 12%TM Index • S&P 500[®] Dynamic Intraday TCA Index
Annual Point-to-Point with index cap rate	<ul style="list-style-type: none"> • S&P 500[®]

Fixed account

Premium allocated to the fixed account will be credited interest at a declared fixed account interest rate and is credited daily. The declared fixed rate is an annual effective rate. The initial premium interest rate is guaranteed for the first five contract years. For each subsequent contract year, we will declare, at our discretion, a fixed account interest rate that will apply to the amount allocated to the fixed account as of the beginning of that contract year. A declared fixed account interest rate will never fall below the minimum guaranteed fixed account interest rate.

In your contract the applicable period of time for your crediting method is referred to as a "term".

Fixed Index Annuities are not an actual investment in the stock market.

** Index(es) and crediting method options may not be available in all states.*

¹ Known as a strategy fee annual percentage in the contract. In exchange for the charge, you receive an enhanced participation rate. The charge is multiplied by the number of years in the crediting term and is deducted once each term from the accumulated value allocated to the enhanced participation rate method. The charge will be deducted once each term at the earliest of any partial withdrawal that exceeds the penalty-free amount, a full surrender or the end of the term. The strategy charge will be deducted regardless of the interest credited to the contract and can lead to loss of premium in certain scenarios.

Your financial professional may explain how the different interest crediting methods work to help you determine which strategy or combination of strategies could be the best fit for your objectives.

Ask your financial professional for the current rates and minimum participation rates, declared performance rate, and fixed account interest rate.

Want to reallocate?

Review your options below.

S&P Multi-Asset Risk Control 5% Excess Return Index (SPMARC5P) S&P MARC 5% ER

The S&P MARC 5% ER Index is a multi-asset excess return index that strives to create more stable index performance through diversification, an excess return methodology, and volatility (i.e. risk control). The index applies rules to adjust allocations among multiple asset classes creating a diversified basket of these assets. The index then adds an element of risk control by applying rules to allocate between this basket and cash. The index is managed to a 5% volatility level.

S&P 500® Index (SPX)

The S&P 500 Index is widely regarded as the best single gauge of the large cap U.S. equities market since the index was first published in 1957. The price-return index includes 500 leading companies in leading industries of the U.S. economy and does not include dividends in the index valuation.

Fidelity Multifactor Yield IndexSM 5% ER Index (FIDMFYDN)

The Fidelity Multifactor Yield IndexSM 5% ER (the “Index”) is a multi-asset, rules-based index that blends a multifactor equity starting universe with U.S. Treasuries, and uses a dynamic allocation approach that seeks to reduce volatility and deliver a more consistent investment experience over time. The starting portfolio is a combination of 6 factors with pre-determined weights and a tilt towards high dividend yielding companies. A fixed income overlay is applied, and the volatility levels of the combined portfolio are analyzed daily and components are adjusted to meet a 5% volatility target.

Nasdaq-100 Volatility Control 12%™ Index (XNDX12E™)

The Nasdaq-100 Volatility Control 12%™ Index (the “Index”) is designed to deliver exposure to the Nasdaq-100 Total Return Index™ (XNDX™) while targeting a constant twelve percent (12%) level of volatility. The Index uses the truVol® Risk Control Engine (RCE) to dynamically allocate between XNDX™ and cash in aiming to achieve the volatility target. Because the Index is managed to a volatility target, the Index performance will not match the underlying performance of the Nasdaq-100 Total Return Index™. Typically, the volatility control tends to reduce the rate of negative performance and positive performance of the weighted value of the underlying indices – thus creating more stabilized performance. The Index is rebalanced daily and calculated in excess of a daily accrual of the Federal Funds Effective Rate (Excess Return).

S&P 500® Dynamic Intraday TCA Index (SPFDYNI)

The S&P 500® Dynamic Intraday TCA Index (the “Index”) is designed to provide exposure to the S&P 500® through the use of E-mini S&P 500 futures while applying an intraday volatility control and trend-following mechanism. Using intraday observations, the index adjust its allocations to the S&P 500® and cash in aiming to achieve the 15% volatility target. Trend signals guide rebalancing to help the index respond to market movements.

Because the Index is managed to a volatility target, the Index performance will not match the underlying performance of the S&P 500® or the E-mini S&P 500 futures used to deliver exposure. Typically, the volatility control tends to reduce the rate of negative performance and positive performance of the underlying futures, creating more stable volatility with higher cumulative returns due to the more frequent rebalancing. In calculating the level of the Index, the index methodology deducts a fee reflective of trading costs. The Index is rebalanced up to 13 times daily when a trend is detected and is an excess return index. Both of these elements serve to stabilize cost.

Past index performance is not intended to predict future performance.

Know the lingo

Market value adjustment

This refers to a feature which may decrease or increase your surrender value depending on the change in the market value adjustment external index rate since you purchased your annuity.

See the “finer points” section for more details.

Surrender charge

If you need funds before you planned, you may run the risk of incurring what’s called a surrender charge. A surrender charge is assessed on any amount withdrawn in excess of the penalty-free amount, and may result in loss of premium. You don’t have to worry about it if you avoid excess withdrawals for the entire surrender charge period.

Full surrender – surrender value

If you decide to surrender or terminate your Annuity Contract, the surrender value is the amount that is available to you as a lump sum. The surrender value is equal to the accumulation value, subject to market value adjustment, less applicable surrender charges, and applicable state premium taxes.

The surrender value will never be less than the minimum requirements set forth by state law, at the time of issue, in the state where the Annuity Contract is delivered or issued for delivery. The minimum surrender value will never be less than 87.5% of all premiums less any surrenders (after MVA or reduction for surrender charges) accumulated at a rate not less than the rate required or otherwise directed by your Annuity Contract.

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Options for accessing funds

What if you need funds sooner than you planned?

Like most annuities, you’ll be limited in when and how much you can withdraw from your annuity penalty-free. However, MNL Accelerate 5 does allow you access to a portion of funds each year.

Taking out more than what’s available penalty-free will incur a surrender charge. A market value adjustment may also apply.

Withdrawals may be treated by the government as ordinary income. If taken prior to age 59 1/2, a withdrawal could also be subject to a 10% IRS penalty. Withdrawals will reduce your accumulation value accordingly.

Penalty-free withdrawals

After the first contract anniversary, a penalty-free withdrawal (also known as a penalty-free partial surrender), of up to 10% of the beginning of year accumulation value may be taken each year. If you withdraw more than that, a surrender charge and market value adjustment may apply. After the surrender charge period, surrender charges, and a market value adjustment no longer apply to any withdrawals.

By current company practice*, Required Minimum Distributions (RMDs) based solely on this contract that exceed the available penalty-free withdrawal amount may be withdrawn without a surrender charge or market value adjustment.

**A feature offered “by current company practice” is not a contractual guarantee of this annuity contract and can be removed or changed at any time.*

Your annuitization payout options

You can choose to receive annuity payments based on your choice of several annuity options. Once you elect an annuitization option, it cannot be changed, and all other rights and benefits under the annuity end. The payment amount and number of payments will be based on your annuity's surrender value and the annuitization option you choose (state variations may exist). See table below for available payout options.

By current company practice*, you may receive an income from the Accumulation Value applied to contractually guaranteed payout option amounts under certain conditions:

1) after the first contract year if you choose a Life income option; or 2) if your annuity has been in force for at least five years and you elect to receive payments over at least a five-year period.

**A feature offered "by current company practice" is not a contractual guarantee of this annuity contract and can be removed or changed at any time.*

Payout Options:

With the exception of life income options, income options are available from five to 20 years.

Choose from:

- Income for a specified period
- Income for a specified amount
- Life income with a period certain
- Life income
- Joint and survivor life income

For Florida:

You may select an annuity payout option based on the accumulation value at any time after the first contract year.

Choose from:

- Life income
- Life income with a 10- or 20-year period certain
- Joint and survivor life income
- Joint and survivor life income with a 10- or 20-year period certain

The finer points of some other features

Issue ages (may vary by state)

The MNL Accelerate 5 is available at issue ages 0-85 (qualified and non-qualified).

For issue ages 0-17, a Uniform Gift to Minors Act (UGMA) or Uniform Transfers to Minors Act (UTMA) custodial account must be established.

Nursing home confinement waiver adds flexibility (not available in all states)

After the first contract anniversary, if the annuitant becomes confined to a qualified nursing care center, as defined in the rider, up to 100% of the accumulation value is available each year while the annuitant is confined. If 100% of the accumulation value is taken, it will be considered a full surrender.

This benefit is provided by a waiver rider, which is included with your annuity contract when it is issued. If joint annuitants are named on the annuity, the waiver will apply to the first annuitant who qualifies for the benefit.

Market value adjustment

Your contract also includes a market value adjustment feature—which may decrease or increase your surrender value depending on the change in the market value adjustment external index rate since your annuity purchase.

Due to the mechanics of a market value adjustment, surrender values generally decrease as the market value adjustment external index rate rises. When the market value adjustment external index rate decreases, the surrender value generally increases. However, the market value adjustment is limited to the surrender charge or the interest credited to the accumulation value.

Market value adjustments are applied only during the surrender charge period to surrenders in excess of the penalty-free amount.

Surrender charges

During the surrender charge period, a surrender charge is assessed on any amount withdrawn, as a partial or full surrender, that exceeds the available penalty-free amount and may result in a loss of premium. Electing an annuity payout option before the end of the surrender charge period may incur a surrender charge.

Surrender charge schedule

Contract year	All states except CA	CA
1	9%	7.8%
2	8%	6.9%
3	7%	6.0%
4	6%	5.1%
5	5%	4.2%
6+	0%	0.0%

A surrender during the surrender charge period could result in a loss of premium. Surrender charges may vary by state.



NOT FOR USE IN OREGON

Refer to the Disclosure Statement and your Annuity Contract for additional details. Please note your Annuity Contract includes a complete explanation of all benefits, terms and conditions, and limitations of the annuity.

Sammons Financial® is the marketing name for Sammons® Financial Group, Inc.'s member companies, including Midland National® Life Insurance Company. Annuities and life insurance are issued by, and product guarantees are solely the responsibility of, Midland National Life Insurance Company.

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This brochure is for solicitation purposes only. Please refer to your Contract for any other specific information. With every Contract that Midland National issues there is a free-look period. This gives you the right to review your entire Contract and if you are not satisfied, return it and have your premium returned.

The indexes are managed to a volatility target and as a result, the index performance will not match the performance of any other index or the markets in general since volatility control tends to reduce both the rate of negative performance and the positive performance of the underlying index, thereby creating more stabilized performance.

Each of Midland National's crediting methods and available indexes performs differently in various market scenarios. There is not one particular method or index that performs better than the other methods and indexes when observed in all market scenarios.

Fixed index annuities are not a direct investment in the stock market. They are long term insurance products with guarantees backed by the issuing company. They provide the potential for interest to be credited based in part on the performance of specific indices, without the risk of loss of premium due to market downturns or fluctuation. Although fixed index annuities guarantee no loss of premium due to market downturns, deductions from your accumulation value for optional benefit riders or strategy fees or charges associated with allocations to enhanced crediting methods could exceed interest credited to the accumulation value, which would result in loss of premium. They may not be appropriate for all clients. Interest credits to a fixed index annuity will not mirror the actual performance of the relevant index.

The term financial professional is not intended to imply engagement in an advisory business in which compensation is not related to sales. Financial professionals that are insurance licensed will be paid a commission on the sale of an insurance product.

The MNL Accelerate® 5 is issued on form AS201A/ICC19-AS201A/AS202A (contract), AR383A/ICC20-AR383A, AR360A/ICC19-AR360A, AR369A/ICC19-AR369A, MEI26A/ICC22-MEI26A, MEI27A/ICC22-MEI27A, (riders/endorsements) or appropriate state variation by Midland National® Life Insurance Company, West Des Moines, IA. This product, its features and riders may not be available in all states.

Premium taxes: Accumulation value and surrender value and death benefit will be reduced for premium taxes as required by the state of residence.

Special notice regarding the use of a living trust as owner or beneficiary of this annuity.

The use of living trusts in connection with an annuity contract can be a valuable planning mechanism. However, a living trust is not appropriate when mass-produced in connection with the sale of an insurance product. We strongly suggest you seek the advice of your qualified legal advisor concerning the use of a trust with an annuity contract.

Neither Midland National, nor any agents acting on its behalf, should be viewed as providing legal, tax or investment advice. Consult with and rely on a qualified advisor. Under current law, annuities grow tax deferred. Annuities may be subject to taxation during the income or withdrawal phase. The tax-deferred feature is not necessary for a tax-qualified plan. In such instances, you should consider whether other features, such as the Death Benefit, lifetime annuity payments, and any other features make the Contract appropriate for your needs.

Withdrawals taken prior to age 59 1/2 may be subject to IRS penalties.

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The Fidelity Multifactor Yield Index 5% ER (the "Index") is a multi-asset index, offering exposure to companies with attractive valuations, high quality profiles, positive momentum signals, lower volatility and higher dividend yield than the broader market, as well as U.S. treasuries, which may reduce volatility over time. Fidelity is a registered trademark of FMR LLC. Fidelity Product Services LLC ("FPS") has licensed this Index for use for certain purposes to Midland National® Life Insurance Company (the "Company") on behalf of the Product. The Index is the exclusive property of FPS and is made and compiled without regard to the needs, including, but not limited to, the suitability needs, of the Company, the Product, or owners of the Product. The Product is not sold, sponsored, endorsed or promoted by FPS or any other party involved in, or related to, making or compiling the Index. The Company exercises sole discretion in determining whether and how the Product will be linked to the value of the Index. FPS does not provide investment advice to owners of the Product, nor to any other person or entity with respect to the Index and in no event shall any Product contract owner be deemed to be a client of FPS.

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We are employee owned and committed to our customers, distribution partners, employees and communities –and the deeply rooted belief that we grow stronger together.

With so much change happening in the world, people are looking for companies that can stand the test of time. They need a partner that can weather life’s storms. That’s us. For over a century, we have been here for our customers and honoring our commitments. We are proud of our impact on the financial futures we help secure, and the legacies we help establish.

We believe that we aren’t here to serve just today’s customers, but customers for generations to come. As we look ahead to our next hundred years, that fundamental principle remains rich in its vision. No matter how much change happens in the world around us, we strive to find new ways to create value for our customers.

Just like always.

Midland National has continued to earn high ratings, based on our financial strength, operating performance, and ability to meet obligations to our policyholders and contract holders. Midland National currently holds the following ratings:

“A+”

A.M. Best^{A,B} (Superior) (Second category of 15)

S&P Global Ratings^{B,C} (Strong) (Fifth category of 22)

Fitch Ratings^D (Stable) (Fifth category of 19)

Ratings are subject to change.

Not FDIC/NCUA Insured	Not A Deposit Of A Bank	Not Bank Guaranteed
May Lose Value	Not Insured By Any Federal Government Agency	