

## Mental Health Awareness Month – Social Media Posts 2023

Use these resources to share engaging content on your social media channels!

## How to use:

- Click 'Download image' to open link
- Right click the image and choose 'Save As' and download to your device
- Upload image to your social channel
- Copy/paste the corresponding content to your social post

Don't forget to incorporate other resources from the shareable content page!

## Post image

## Post copy



Mental illness is more common than you might think — but it doesn't mean you won't qualify for life insurance. Reach out to me today to discuss your options.

Download image



Planning ahead with life insurance could help alleviate worries about the future. Reach out to me today, I'd love to help.

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